

Have a game of Lape!

Why this activity?

Lape is a game that many Pacific tamariki will know. Introducing this to tamariki who may not be so familiar with it is a great way to demonstrate that traditional games are important and valued.

You'll need:

- Some aiga or friends or students!
- A space to play – backyard or the local park or the field at school.
- 3 cones to mark bases, but this can be anything – like your jerseys!
- A ball – anything from a tennis ball to a soccer ball.

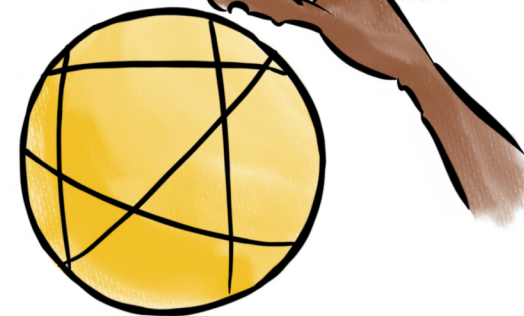
This is a fun game that's got some simple rules but lots of fun competition. It's a great way to develop teamwork, exercise, spend time outside and laugh.

What to do:

If you're not familiar with Lape, the best way to describe it might be as softball, where you use your hand as a bat and any ball you have available. We found the best description of how to play on this you tube clip - <https://youtu.be/wYYcSe32ImQ>

The aim of the game is to get as many laps without a player getting 'out'. The way a player is 'out' is by the offending team either catching the ball on the full, or tagging them out with the ball. Once this happens the teams switch from batting to fielding. Their aim now is to beat the amount of runs the other team scored before getting 'out'.

Count your lape in Samoan just to add to the fun! And perhaps use Samoan for the important calls like "i fafo" (out).



Whānau engagement

Invite whānau to play or cheer! Video parts of your games to share with whānau. Post the you tube clip up so they can have a backyard or local park game.