

# Compliment musical freeze!

Kaiako card 12



## Why this activity:

What you pay attention to, you get more of. ' This is a great place to build more kindness, friendship and connection habits with tamariki by giving meaningful compliments

## What I need:

Spotify and speakers.

## What to do:

Kōrero what is a compliment, and then what makes a good compliment.

Pair tamariki up for a practice - ask them to share a compliment with each other and kōrero about how it has felt to give and receive the compliment. Make adjustments as needed!

### Examples of great compliments

- You're working really hard on that picture, I really like the way you...
- You were brave today when you helped out with ... Good for you.
- I really like hearing you sing, seeing you dance or do gymnastics
- You were dynamite running so hard today at sports. That was impressive!

Turn up our favourite tamariki tune and when the music stops tamariki fist pump or high five the person closest, e noho and swap (meaningful!) compliments! Continue for a few rounds.

## Whānau engagement:

Video the kanikani as a short clip and share it.

Ask your tamariki to record how giving and receiving compliments today has made them feel and add that to their Class Dojo or Seesaw.