

20 Ways to tākarō these school holidays

Kaiako card 21

Why this activity?

This activity is brilliant as it creates an awesome opportunity to engage tamariki in exploring creative play activities they can enjoy at home while also taking this opportunity to share the importance of play with whānau.

You'll need:

Your playful tamariki and copies of the 20 Ways to tākarō these school holidays poster.

What to do:

Gather your tamariki and lead a kōrero around the excitement of the upcoming school holidays and the fun opportunities they have for play at home and any other places they'll be over the holidays.

Support them to brainstorm and share creative play ideas that they love doing or could try at home these holidays. You might like to offer the 20 Ways to tākarō these school holidays poster to support this kōrero.

Give tamariki time to be able to play, choosing one of the activities to try out while still at school with their friends. This could be a perfect way to round off a busy day.

Encourage tamariki to share these play activities with whānau and round off with a kōrero around the effect these play ideas can have on our hauora, and whether some of these activities have supported them to feel happy or calm. Ask how this in turn may support our whānau hauora too.

Whānau engagement:

Share our Why is play important handout to support whānau in growing an understanding of the role play can have in the development of tamariki. To support tamariki wellbeing over the holidays share some of our other resources, checkout the online copy of this activity for some activities we recommend.

