

I believe my top strengths are...

Start on this side

Circle your top 5 strengths.

Appreciation of Beauty & Excellence	Bravery	Creativity	Curiosity	Fairness	Forgiveness	Gratitude	Honesty
Hope	Humility	Humour	Judgement	Kindness	Leadership	Love	Love of Learning
Perseverance	Perspective	Prudence	Self-Regulation	Social Intelligence	Spirituality	Teamwork	Zest

Write about times you use your strengths.

Strength 1 -	Strength 2 -	Strength 3 -	Strength 4 -	Strength 5 -
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